

401K BENEFICIARY DESIGNATION

I. NOTICE OF SURVIVING SPOUSE'S BENEFIT

Under this Plan, the surviving spouse of a deceased Participant is generally entitled to a "surviving spouse's benefit" equal to the Participant's vested account balance at the time of death.

Unless the surviving spouse's benefit is waived, a Participant may not designate that any portion of his or her vested account balance be paid as a death benefit to a beneficiary or beneficiaries other than his or her surviving spouse. For example, if a Participant designates his or her parents as beneficiaries and later marries but dies without having changed his or her beneficiary designation, the entire vested account balance will be paid to the surviving spouse rather than the deceased Participant's parents. Similarly, if a married Participant designates that his or her vested account balance be divided in equal shares among the surviving spouse and their three children but the surviving spouse's benefit is not waived, the surviving spouse must receive the entire vested account balance.

The surviving spouse's benefit cannot be waived unless the spouse gives his or her written consent (Part III of this form) or the Participant certifies that he or she does not know the whereabouts of the spouse. To become effective, this form must be properly completed and submitted to the Plan Administrator.

II. DESIGNATION OF BENEFICIARY/OPTIONAL WAIVER OF SURVIVING SPOUSE'S BENEFIT

As a Participant in the above Plan, I hereby revoke any prior beneficiary designation and direct that any benefits payable upon my death be paid to the following beneficiary/beneficiaries. The total share for the Primary Beneficiaries must equal 100% and the total share for the Secondary Beneficiaries, if any, must equal 100%.

PRIMARY BENEFICIARY(IES):

Name	Share	Relation	Address

If none of the Primary Beneficiaries designated above survive me, payment shall be made to the following Secondary Beneficiaries.

SECONDARY BENEFICIARY(IES):

Name	Share	Relation	Address

Unless otherwise specified above, if none of the beneficiaries designated above survive me, payment shall be made pursuant to the applicable provisions of the Plan.

(You must check A, B, C or D below):

- A. I am not married. I understand that if I do marry, my surviving spouse will be entitled to my entire vested account balance unless I file a new Designation of Beneficiary with my spouse's written consent.

- () B. I am married, but Part III of this form is not completed because I have designated my spouse as the Primary Beneficiary of my entire vested account balance.
- () C. Subject to my spouse's written consent (Part III of this form), I have designated that all or part of my vested account balance be paid to one or more beneficiaries other than my spouse.
- () D. I am married, but I have designated that all or part of my vested account balance be paid to one or more beneficiaries other than my spouse. Part III of this form has not been completed because I do not know the whereabouts of my spouse. I agree to inform the Plan Administrator if I learn the location of my spouse.

Dated at _____, this _____ day of _____, 200____.
City, State

Witnessed by: _____
Signature of Participant

Name of Participant (print or type)

III. SPOUSE'S CONSENT (Must be completed if Participant checks C above)

I am the spouse of the Participant identified above. I hereby consent to my spouse's designation of the beneficiary(ies) identified above. I further acknowledge my understanding that:

- 1. My spouse's designation that all or part of his or her vested account balance be paid to one or more beneficiaries other than myself is not valid unless I consent to it;
- 2. I am waiving the right to be the sole Primary Beneficiary of my spouse's death benefit under the Plan; and
- 3. My consent is irrevocable (check one of the following):
 - () until my spouse changes his or her designation of beneficiary(ies). At that time I must consent to any change in beneficiaries, or
 - () even if my spouse changes his or her designation of beneficiary(ies). My spouse may change his or her beneficiaries without my consent

Dated at _____, this _____ day of _____, 200____.
City, State

Signature of Participant's Spouse

Name of Participant's Spouse (print or type)

Witnessed by:

Notary Public, State of _____ OR
My Commission (is permanent/expires)

Authorized Representative of
Plan Administrator